

SPIRAL

Newsletter
of the
Canterbury
Masters Figure
Skating Club



The CCC
generously
sponsored the
January
workshop

JANUARY 2013 SKATING WORKSHOP OPENS SEASON

Starting the skating year with a bang, CMFSC held its first skating workshop in January

Our January workshop proved to be very popular with quite a number of our club members registering, although the official summer holidays weren't quite over yet! We had seven evenings of coaching for all skill levels, which gave many of us an opportunity to get our skating skills refreshed and advanced after the summer holiday break. This workshop was Phase II of the Masters Kiwiskate Project, for which the ice time was donated by the Christchurch City Council through its Small Grants Fund. Three groups at different levels had the opportunity to be trained by professional coaches and each one of our skaters was encouraged to choose one area of their skating to focus on during those workshop days. The atmosphere was fantastic and this is what people have said about it:

I loved the two workshop days I attended. The coaches were excellent, helpful and informative! Hope this sort of thing will become a regular thing! Trish Weir

After being off the ice for over a year, this was a great way to get skating again. Cushla

*A great way to get back into skating for the year
Focused at my level and worked on core skills
Elene*

Thanks to Jeanne for organizing the workshop. A positive and rewarding experience! Jude

I attended four of the Jan workshops and felt they were worthwhile, got some good tips, the mixture of tutors was great and I felt I wasn't so rusty when starting coffee club (and it was lovely to see everyone again). Helen Hills

Great to have intensive training like that! Deirdre

Thanks to all our fantastic coaches, Kim Lewis, Kim Gormack, Ann Campbell, Michelle Whelan, Caitlyn Paul, Jill Borland and Jeanne Begej who made our learning so much fun. Special thanks to our sponsors, the Christchurch City Council.



ICE – have you ever heard of this? No, this is not the ice we are so fond of, when we have our skates on! Here is what it is all about:

The idea is that you store the word "I C E" in your mobile phone address book, and against it enter the number of the person you would want to be contacted "In Case of Emergency". In an emergency situation ambulance and hospital staff will then be able to quickly find out who your next of kin are and be able to contact them. It's so simple that everyone can do it.

Club's Tekapo Winter trip and 75th Anniversary of NZ Ice Figure Skating Association



At our committee meeting on 4th February it was agreed that the Club's Annual Winter Trip to Tekapo would be held the same weekend as the NZIFSA's 75th Jubilee. That is the weekend of May 10th & 11th.

As members of our Club, you are automatically members of the NZIFSA.

The NZIFSA President Jeanette Kings & CEO Wendy Clucas are both members of our Club as well as Jan Christieson who is the Anti-Doping Officer).

The NZIFSA is having a Conversation'e on the Friday evening and a Buffet Dinner on the Saturday evening, both to be held at Peppers Bluewater Resort.

Information and registration sheets are available by e-mail from [Jeanne](#).

Or you can just choose to be in Tekapo the same weekend as many like-minded skating enthusiasts. It would be neat to have a good number of our Club members present at the 75th Jubilee Celebrations though. You can fraternise and hear stories from the skaters and administrators of years gone by.

As most of you have made the trip to Tekapo previously you will know about the Hot Pools and Ice Rink. It is not possible

to book private ice time, but if you want to skate, then you can do so at the Public Sessions. For more information go to www.tekaposprings.co.nz/

If you plan on going to Tekapo it would be wise to look at booking accommodation fairly soon – as there are a lot of extra construction workers in the village due to Canal Construction works also going on close to Tekapo.

Cake artist sought:

Do we have any keen bakers in the Club who would volunteer to bake a 75th Jubilee Cake (maybe even ice it?). All ingredients would be paid for (or reimbursed). It would need to be probably a 12-inch cake – for approx 100 people.

If you think you might be this person (or know of some other willing volunteer) then I look forward to hearing from you and I can put you in touch with NZIFSA CEO Wendy!



Sabina Crellin

Congratulations to the following CMFSC members who passed the tests listed below in November 2012

Wendy Thompson	Bronze Stroking - Adult	Rebecca Lau	Inter Silver Stroking
Liam Mclver	Inter Bronze Stroking	Connor Mclver	Silver Stroking
Liam Mclver	Bronze Stroking	Connor Mclvor	Bronze Dance
Mykaila Lewis	Gold Stroking	Jeanette King	Bronze Dance - Adult
Sage Robinson	Inter Bronze Stroking	Jessie Park	Gold Stroking
Micheala George	Elementary Dance	Felicity Stieller	Preliminary Dance - Adult
Philip Buchanan	Preliminary Dance - Adult		

CMFSC Annual General Meeting

Thanks to all of those who attended the AGM on March 12th this year. We took the opportunity to confirm membership fees at the same rate as last year and to create a new membership category of *Non resident member* where a former member who no longer resides in NZ can enjoy membership at no cost. We also updated the constitution to better describe our membership categories and to reflect NZIFSA's name change.

Our grateful thanks for their fine contribution to the club go to outgoing committee members Jan Christieson, Jude Heeney and Jean Kennedy. In their stead we welcome new committee members Kirsty Cox and Rita Carroll. Jeanne Begej, enthusiastically voted in as president again, thanked all the committee members for their excellent work throughout the year and our patron, Kath Craven, praised the club for its friendliness, spirit and progress on the ice!

Barbeque by the Big Bus Aleksandra Jarmolik

On a beautiful sunny Saturday in January, our Club members were invited to a barbeque at Daphne and Neville's. Here is how Aleksandra remembers the day:

Thanks to Jeanne's detailed instructions in the e-mail about the barbeque event, it was very easy to find the address of Daphne and Neville's mobile home.

When we arrived Daphne was conjuring up delicious sausages and salads from the bus barbecue, which Neville had cooked to perfection. Nugget, their happy little dog, was showing off with his jumps and barking tricks.

We also met Jeanne, Arnold and his wife Valda, Robin, Linda and her husband Martin, Graham, Wendy and Jeanne' friend, who is also a skating judge.

The food, cooked using the bus's inbuilt barbecue (in a modified luggage compartment), was delicious and we enjoyed it during relaxing chats with the

others, with subjects strongly biased around skating.

But the biggest surprise of the day was Daphne's house, which everybody discussed and admired. Daphne and Neville have managed to build in all facilities of a modern house into a fully functional bus, so you can just fasten your seatbelts in a chair in a living room, start an engine and go (taking the barbeque with you)!

Daphne and Neville's house reminds me of the minimalistic style of Japanese interiors, where everything is perfectly planned, organized and placed, where each inch of space is very efficiently used. And, just as in Japanese houses, the mobile house is earthquake safe, because the bus' huge coil springs dissipate quake energy in a similar way the best Japanese architecture constructions do.

It was very inspiring to see the different life style and out of frame thinking, which is needed to build such an amazing house.



All About Safety

Many of you have seen them by now or already tried them out yourself. The Club has purchased, with the kind support of **Trust Aoraki**, a number of haloes in different sizes to encourage protection of the head while skating. These are a great alternative for those who resent wearing a helmet, as the halo will cushion your head in case you have a fall, but at the same time does not interfere with hearing and is so light to wear you will hardly notice it. Make sure you place the thickest part to the back of your head and the velcro at the side. The narrow part should be firmly and squarely on your brow just above your eyebrows.

Wearing protective gear can boost your confidence for trying new moves and gives you the assurance that you have done the extra bit to protect your head.

We highly recommend wearing protective gear to all skaters, and we have also purchased helmets and knee and elbow protectors that are in the cupboard in the changing room for anyone to use. Please sign in and out of the booklet if you make use of this gear so we can keep track of it.

If any of you are interested in purchasing your own haloes (we have already heard from a few members that they would like to) please let Jeanne, June or Sabina know, as we are thinking of ordering them in bulk through the Club for everyone who is interested.

News from Twizel

Those of you who remember Ali Preston-Marshall will be pleased to hear that she and her family are having a very full and interesting new life setting up their hardware business in Twizel. Ali and Jake's teenage boys have been really involved in their new venture - Nick who is fishing mad is in charge of the fishing aisle and Luke has set up their website - admire it for yourself at www.jakes.co.nz. Ali sends her love to anyone who remembers her from her time at Coffee Club. And we all send our best wishes to Ali and her family.

Alpine Ice's end of year gala



Congratulations to Kim Lewis for staging a stunning gala at the end of 2012. Kim, with the help of her coaches and many willing volunteers, pulled off an event that featured more than 130 skaters performing 35 acts, all skilfully knitted together with a cute and clever narrative. From the heart melting tiny tots to skaters in their 70's, the show ran like

clockwork without a single hitch and at a pace that gave the audience no time to think about being a bit chilly. The show featured witches, clowns, villagers, snow princesses, dinosaurs, zombies, ghouls, insects and wild animals, nuns, monks and the raincoat brigade - all having fun and showing off their skill. Lots of club members were among them. Thanks for putting on such a great performance.



The photographs featured on this page were taken by Ciara Carroll. Our thanks to Ciara for permission to use these and you can view many more on [Ciara's Facebook page](#) - click on Extravaganza on Ice



SPECIAL AWARDS

We ran out of room in our last newsletter to report on the special awards presented at the October 2012 Club Championships - here are the deserving recipients.

Graham Williams won the Craven Trophy for most improved skater.

Shirley Low won the President's Award

Gail Schat won the "Aspire" Trophy

June Laird was presented with the NZIFSA's Administrator of the Year Award - see our [Nov 2012 newsletter](#)

Jan Christieson was presented with a special award from Spectrum for always being the team "doctor", taking first aid supplies and looking after the well being of the team for 6 years.

Coffee Club Concession Card

Would you like to take advantage of the Coffee Club Concession Card? Just ask one of Alpine Ice's friendly staff when you pay next time. The Concession Card costs \$155 which will cover ten Coffee Club sessions, meaning that instead of paying the regular \$17 for each session, you are only paying 15.50 for one!

Here is another suggestion for those who would like to save on entry fees, but find committing to ten sessions a bit hard: Why not share one Coffee Club Concession card with someone else. This way two of you get the benefit of the savings and you only have to pay half the amount toward the card!

Your Committee

President

Jeanne Begej

Vice President

Linda White

Secretary

June Laird

Comp and Test Coordinator

Jeanette King

Treasurer

Arnold Schmidt

Committee Members

Kirsty Cox

Sabina Crellin

Rita Carroll

Daphne Morris

Graham Williams

Patron

Kath Craven

CMFSC NEWSLETTER

www.cmfsc.co.nz

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